



Learn Kriya Yoga Meditation

As described in *Autobiography of a Yogi* by Paramahansa Yogananda

Initiation & Meditation Intensive



September 27 – 29, 2019

Madison, WI

Swami Purnatmananda Giri

Swami Purnatmananda Giri is a monk in the lineage of Kriya Yoga masters Paramahansa Hariharananda and Paramahansa Prajnanananda. He was initiated into the sacred path of Kriya Yoga in 1992. Ordained as a monk in the Giri order of monasticism, his name, Swami Purnatmananda Giri, means '*bliss of complete soul consciousness*.'

Register Today:

Email: nandiniyer11@gmail.com , Phone: 608-239-8911 (Nandini)

Meditation Program Details:

Friday, September 27th : 7pm – 8:30pm

Free Public Lecture – Topic: Be Calm, Be Divine

Location: Sequoia Public Library, Address: 4340 Tokay Boulevard, Meeting Room B, Madison, WI -53711

Saturday, September 28th

9am – noon : Initiation (location will be announced after public lecture Friday evening)

Noon – 2pm: Lunch Break (vegetarian food will be served)

2pm – 5pm: Teaching and Meditation

Sunday, September 29th

9am – noon : Technique review and meditation

Noon – 2pm: Lunch Break (vegetarian food will be served)

2pm – 4pm: Q&A followed by meditation

About Kriya Yoga Meditation

Kriya Yoga is described by its practitioners as the ancient Yoga system revived in modern times by Mahavatar Babaji through his disciple Lahiri Mahasaya. The meditation technique is non-sectarian and can be practiced by all. It doesn't impose any faith or belief system on practitioners.