

the ancient science of breath and meditation



Kriya Yoga is the universal spiritual discipline that crosses all boundaries to cultivate body, mind and awareness of the soul. This Nov, we are offering the unique opportunity to learn more about, as well as experience, this sacred practice.

**november 1st-3rd, 2019**

fri 7pm - 8:30pm | sat. 9am - 1pm & 5pm - 8pm  
sun. 9am - 12pm & 4:00pm - 7:00pm

**registration contact**

(901) 849 - 4131

[info@memphis.kriya.org](mailto:info@memphis.kriya.org)

[www.kriya.org](http://www.kriya.org)

taught under the lineage of the realized masters



**location of the workshop**  
Bavarian village club house  
1960 Rhineland dr  
Germantown TN 38138