

FREE PUBLIC LECTURE-OPEN TO ALL

WAY TO A
LIFE OF
SERENITY &
BLISS

Wednesday, Nov 13 7:00PM - 8:00PM

445 Grand Bay Dr Key Biscayne FL 33149 (Meeting Room)



KRIYA YOGA IS AN ANCIENT
MEDITATION TECHNIQUE BROUGHT
TO THE WEST BY PARAMAHAMSA
YOGANANDA IN 1920

Swami Atmavidyananda Giri Senior monk and Vice President of Kriya Yoga Institute, has been teaching Kriya Yoga since 2004

