

## KRIYA YOGA INITIATION SESSION

## Saturday, Nov 16

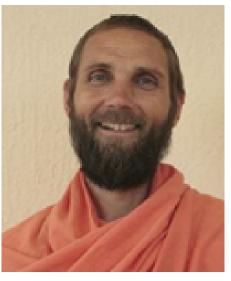
8:30AM - 6:00PM Initiation, Technique Teachings & Guided Meditation

## Sunday, Nov 17

9:00AM - 4:00PM Technique Review & Guided Meditations

## 445 Grand Bay Dr Key Biscayne FL 33149

(Meeting Room)



Kriya Yoga is an ancient meditation technique that cultivates body, mind, intellect, and awareness of the soul using powerful meditative and yogic disciplines.

Swami Chidrupananda Giri Senior monk at Kriya Yoga Institute, has been teaching Kriya Yoga since 2006



info.keybiscayne-fl@kriya.org Monica Dussan-Henao 305.308.7485 / Pilar Bermudez 305.902.8013