

KRIYA YOGA INITIATION SESSION

Saturday, Nov 16

8:30AM - 6:00PM Initiation, Technique
Teachings & Guided Meditation

Sunday, Nov 17

9:00AM - 4:00PM Technique Review &
Guided Meditations

445 Grand Bay Dr

Key Biscayne FL 33149

(Meeting Room)



Kriya Yoga is an ancient meditation technique that cultivates body, mind, intellect, and awareness of the soul using powerful meditative and yogic disciplines.

Swami Chidrupananda Giri
Senior monk at Kriya Yoga Institute,
has been teaching Kriya Yoga since
2006



info.keybiscayne-fl@kriya.org

Monica Dussan-Henao 305.308.7485 / Pilar Bermudez 305.902.8013

Kriya Yoga Institute

www.kriya.org