

Higher Kriya Yoga Seminar
23rd - 28th April 2010
with Paramahansa Prajnanananda



April 23, 2010	April 24-28, 2010
06:00 Meditation	06:00 Meditation
08:00 Frühstück / Breakfast Abwasch / Clean up	08:00 Frühstück / Breakfast Abwasch / Clean up
09:00 Einweihung in den 2.ten Kriya/ Initiation into II. Kriya	08:30 Seva
11:00 Meditation	09:30-10:30 Question & Answer
13:00 Mittagessen / Lunch Abwasch / Clean up	11:00 Meditation
15.00 Video	13:00 Mittagessen / Lunch Abwasch / Clean up
17-18.00 Vortrag /Lecture	17-18:00 Vortrag /Lecture
18:30 Meditation	18:30 Meditation
20.30 Abendessen / Dinner Abwasch / Clean up	20.30 Abendessen / Dinner Abwasch / Clean up
21:00 Self-study & Rest Selbststudium & Ruhe	21:00 Self-study & Rest Selbststudium & Ruhe