

Kriya Yoga Fall Retreat
 31st August till 9th September 2010
 with Paramahansa Prajnanananda,
 Peter van Breukelen, Swami Mangalananda Giri
 and other authorised Yogacharyas



August 31, 2010	September 1, 2010	September 2-5, 2010
<p>16:30 Meditation <small>(nur für Eingeweihte in den 1. Kriya) (only for those initiated into 1st Kriya)</small></p> <p>18:00 Vortrag über Kriya Yoga, Meditation für alle Introductory Lecture & Meditation for all</p> <p>20.30 Abendessen / Dinner Abwasch / Clean up</p>	<p>06:00 Sacred Chanting, Meditation <small>(nur für Eingeweihte in den 1. Kriya) (only for those initiated into 1st Kriya)</small></p> <p>07:30 Frühstück / Breakfast Abwasch / Clean up</p> <p>09:00 Einweihung in den authentischen Kriya Yoga, Initiation into Kriya Yoga, Meditation</p> <p>13:00 Mittagessen / Lunch Abwasch / Clean up</p> <p>16.00 Erklärung der Technik, Meditation Explanation of technique</p> <p>18-19.00 Vortrag /Lecture</p> <p>19:30 Meditation</p> <p>20.45 Abendessen / Dinner Abwasch / Clean up</p>	<p>06:00 Sacred Chanting, Meditation</p> <p>07:30 Frühstück / Breakfast Abwasch / Clean up</p> <p>08:00 Seva</p> <p>10:15 Fragen & Antworten -11.15 Question & Answer</p> <p>11:30 Meditation</p> <p>13:00 Mittagessen / Lunch Abwasch / Clean up</p> <p>15.00 Video mit/of P. Hariharananda oder/or P. Prajnanananda</p> <p>16:30 Meditation</p> <p>18-19.00 Vortrag /Lecture</p> <p>19:30 Meditation</p> <p>20.45 Abendessen / Dinner Abwasch / Clean up</p>

September 6, 2010	September 7-9, 2010	Termine/dates II. Kriya
<p><u>12. Ashram Gründungstag</u> <u>12th Ashram Foundation Day;</u></p> <p>06:00 Sacred Chanting, Meditation</p> <p>07:30 Frühstück / Breakfast Abwasch / Clean up</p> <p>09.00 Feuerzeremonie Fire Ceremony</p> <p>11:30 Meditation</p> <p>13:00 Mittagessen / Lunch Abwasch / Clean up</p> <p>15.00 Video mit/of P. Hariharananda oder/or P. Prajnanananda</p> <p>17.30 -19.00 Celebration</p> <p>19:30 Meditation</p> <p>20.45 Abendessen / Dinner Abwasch / Clean up</p>	<p>06:00 Sacred Chanting, Meditation</p> <p>07:30 Frühstück / Breakfast Abwasch / Clean up</p> <p>08:00 Seva</p> <p>10:15 Fragen & Antworten -11.15 Question & Answer</p> <p>11:30 Meditation</p> <p>13:00 Mittagessen / Lunch Abwasch / Clean up</p> <p>15.00 Video mit/of P. Hariharananda oder/or P. Prajnanananda</p> <p>16:30 Meditation</p> <p>18-19.00 Vortrag /Lecture</p> <p>19:30 Meditation</p> <p>20.45 Abendessen / Dinner Abwasch / Clean up</p>	<p>September 2, 2010 8.30 II.Kriya Einweihung / Initiation</p> <p>* (nur nach dreijähriger regelmäßiger Kriyapraxis und Absprache mit einem Lehrer vor dem Retreat)</p> <p>* (only after practising first Kriya at least 3 years regularly and per- mission of a teacher prior to the retreat)</p> <p>September 3, 5,7, 9, 2010 8:30 II.Kriya Meditation (nur für Eingeweihte in den 2. Kriya) (only for those initiated into 2nd Kriya)</p>