

Registration Form

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Kriya Yoga - East Coast Regional Retreat Uniting the Spiritual Wisdom of the East and West Sharpsburg, Maryland - August 26 – 29, 2010

Please join Swami Atmavidyanandaji, Yogacharya John Williams, Yogacharya Suresh Kodollikar and fellow Kriyavans for an inspirational 3-day retreat in the peaceful, natural surroundings of Shepherd's Spring retreat center, 1.5 hours from Baltimore, MD and Washington DC. The East Coast Retreat is a rare opportunity for extended uninterrupted guidance from three divine Kriya Yoga teachers allowing you to deepen your meditation practice, receive spiritual teachings, gain insights into the deeper wisdom hidden in scriptural texts of east and west, and experience the divinity within.

**This retreat is open only to people who have been initiated into the lineage of
Paramahansa Hariharananda and Paramahansa Prajnanananda.*

Please make photocopies of this form for more than one registrant.

This 3-day retreat begins at 5:00 p.m. on Thursday August 26th and concludes after lunch on Sunday August 29th.

Registration includes 3 nights lodging in hotel-style accommodations, (double occupancy (twins) w/ private bath) and 9 vegetarian meals prepared and served in the dining hall. Morning and afternoon snacks: fruit, tea, juice and water are also included. All retreat activities including the large meditation meeting room, dining hall, and sleeping accommodations are located within the modern Lodge facility.

Name: _____

Street Address: _____

City: _____ State: _____ Zip: _____

E-mail Address: _____

Home Telephone: _____ Mobile Telephone: _____

Emergency contact name and phone numbers: _____

Initiated into the lineage of P.Hariharananda and Prajnanananda: date: _____ by: _____

_____ I am initiated into 2nd Kriya: date: _____ by: _____

Register by August 1, 2010. Space is limited to 48. All registrations are on a first-come basis. The registration rate is a fixed per-person rate and will remain the same whether you attend the entire retreat or a portion of it. Please choose options below and pay the corresponding amount(s).

_____ Registration paid by **August 10th** is **\$325.00** per person.

_____ I have special dietary restrictions. I would like considered: _____

Gender: Male /Female (circle one) Double occupancy rooms. Same gender roommate will be assigned unless both parties indicate the same roommate request on their registration form.

Roommate request: Name: _____

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Arriving by air: If arriving by air, please provide us with your arrival information so that we can assist you with transportation to the retreat site. If arriving before August 26th or departing after August 29th let us know and we can try to arrange sleeping accommodation at a local Kriyavans home.

I arrive: Date: _____ Time: _____ Airline: _____ Flight No: _____

I depart: Date: _____ Time: _____ Airline: _____ Flight No.: _____

Seva: I will perform the following services for the retreat (choose as many as you like; we'll inform the details):
____ Pick/drop out-of-state Kriyavans from/to the airport (circle airport/s) BWI DULLAS NATIONAL
____ Host out-of-state visitors before/after the retreat
____ Bring Flowers
____ Bring extra Cushions
____ Help with Book Sales
____ Help in Set-up
____ Help in Clean-up at end of Retreat

Retreat Location: Shepherd's Spring Outdoor Ministry Center, 16869 Taylors Landing Road, Sharpsburg, MD 21782, phone 301-223-8193, www.shepherdsspring.org.

To reap the highest benefits from the retreat, participants are requested to stay on-site for all lodging and meals throughout the weekend.

Registration & Payment: Registration is not guaranteed until both registration and payment are received.

Please make check(s) payable to: **Kriya Yoga Institute** with "East Coast Retreat 2010" on memo.

Please mail or hand deliver the registration form with check to:

John Herczeg
9640 Huntmaster Rd.
Gaithersburg, MD 20882

I will abide by Shepherd's Spring policy and procedures and maintain a responsible code of conduct at the East Coast Retreat.

Registrant's Signature: _____ **Date:** _____

Please refer any questions to Ellicott City Maryland Kriya Yoga Center Leaders:

Denise Hunt, drhunt2@verizon.net 410-451-5506 (h) or 410-980-5769 (cell)

John Herczeg, jherczegster@gmail.com 301-216-0017 (h) or 240-678-8460 (cell)