



East Coast Regional Retreat

August 26-29, 2010

Uniting the Spiritual Wisdom of East and West
Sharpsburg, Maryland



Please join **Swami Atmavidyanandaji**, **Yogacharya John Williams**, **Yogacharya Suresh Kodollikar** and fellow kriyavans for an inspirational 3-day retreat in the peaceful, natural surroundings of Shepherd's Spring retreat center, 1.5 hours from Baltimore, MD and Washington DC. The East Coast Regional Retreat is a rare opportunity for extended uninterrupted guidance from three divine Kriya Yoga teachers allowing you to deepen your meditation practice, receive spiritual teachings, gain insights into the deeper wisdom hidden in scriptural texts of east and west, and experience the divinity within.

Location:

Shepherd's Spring Outdoor Ministry Center
16869 Taylors Landing Road, Sharpsburg, MD
21782, phone 301-223-8193
www.shepherdsspring.org.

Contact:

Denise & Kim Hunt
drhunt2@verizon.net
410-451-5506

John & Elisabeth Herczeg
jherczegster@gmail.com
301-216-0017

**This retreat is open only to people who have been initiated
into the lineage of Paramahansa Hariharananda and
Paramahansa Prajnanananda.*

Time:

Retreat begins 5:00 pm, Thursday, August 26th
Closing after lunch on Sunday, August 29th

Registration:

Registration and information available online:
http://www.kriya.org/calendar_event.php?id=1007

Register by August 10, 2010 - Space limit 48 (first-come)

All inclusive fees: \$325.00 (3 nights, 9 meals, snacks)

