



## WORKSHOP AT DUBAI, 10<sup>th</sup> & 11<sup>th</sup> SEPTEMBER 2010

For official use

No. \_\_\_\_\_

### REGISTRATION FORM

(1) Name (In capital):

(2) Name of Father/Spouse:

(3) (a) Gender:  Male  Female (b) Marital status:  Married  Unmarried

(4) Religion : Hindu / Christian / Muslim / Buddhist / Jain / Sikh / Any other.

(5) If a Hindu, please give the following details:

(a) Ishta Dev/Devi \_\_\_\_\_ (b) Gotra \_\_\_\_\_

(6) Date of Birth (DD/MM/YYYY)

(7) Educational Qualification:

(8) Occupation:

(9) Permanent Address:

(10) Correspondence address:

(11) Phone:

(12) E.mail:

(13) State your area of expertise or interest that can be utilized to further the cause of Kriya Yoga.

Affix your  
Photograph

Full Signature \_\_\_\_\_

Official Use: Initiated By \_\_\_\_\_

#### **PRAJNANA MISSION**

(1) At: Nimpur, PO: Jagatpur, Cuttack, Orissa-754 021 (Ph: 06712- 491 724)  
(2) Hariharananda Gurukulam, Balighai, Puri, Orissa-750 002 (Ph: 06752- 246 644)

## **Instructions for Kriya Yoga Empowerment**

- Race & religion is no bar to join Kriya Yoga tradition.
- Please bring the following items with you for the process:
  - 5 different fruits, representing fruits of your own action (Karma).
  - 5 different flowers, representing the 5 senses.  
( We will arrange the fruits & flowers for you if you so desire. Please let us know)
  - Guru Dakshina : It represents the gross physical body. At the end of the empowerment programme, when you take a final bow before the Almighty and Swamiji, as a part of the traditional guru-sishya parampara, please offer guru dakshina ( any amount of our choice) to Swamiji.
  - 7 candles represent the fire inside each chakra to be purified and enlightened at the empowerment ceremony. (Candles will be provided. No need to bring.)
- Please avoid taking any food before empowerment (water / tea / coffee is OK to consume). Hyper acidity & diabetic patients and others who are otherwise medically advised can take some light food.
- Have your bath & come with clean clothing. Maintaining cleanliness in body and mind helps in better absorption of the teaching. For practicing yoga asans, please wear comfortable , loose clothing. Vestis & sarees are not suitable.
- For meditation practice, it will be better if you can bring a blanket, bed sheet or a small mat on which you can sit comfortably and practice kriya yoga. In case, it is difficult please do not bother. We will try our best to provide padded mats to sit and practice on.
- Please be present at the venue on time.
- Avoid unnecessary talks & socialization to maintain concentration in purpose. If you will have to talk, talk in soft whispers.
- Empowerment process will be followed by guided meditation and kriya techniques practice.