



Learn Kriya Yoga

Initiation & Meditation Program



November 12-14 2010
Madison, WI

with Swami Atmavidyananda Giri
Kriya Yoga Institute, www.kriya.org

Program Details

Friday, November 12th 7pm - 9pm

The Ancient Science of Kriya Yoga - Public Lecture
James Reeb Unitarian Congregation
2146 E. Johnson St., Madison, WI
Free & open to the public

Saturday, November 13th 9am-5pm

Kriya Yoga Initiation
James Reeb Unitarian Congregation
2146 E. Johnson St., Madison, WI
Pre-registration required

Sunday, November 14th 9am-4pm

Meditation Program and Potluck Lunch
Near-west Madison
Pre-registration required

Register Today:

Madison Kriya Yoga Center

Email:
madisonkriya@gmail.com

Phone:
608 216 6598 - Nicholas
608 215 4336 - Rebecca

Web:
www.madisonkriya.org

About Kriya Yoga

Kriya Yoga is an ancient science of meditation that was reintroduced to modern society by Mahavatar Babaji and popularized by Paramahansa Yogananda's book *Autobiography of a Yogi*. Kriya Yoga is open to all true seekers who wish to deepen their experience with the divine. Through a set of simple yet powerful techniques, the student experiences a greater sense of inner peace, joy and deep meditation.

About Kriya Yoga Initiation

Kriya Yoga can only be learned directly from an authorized teacher or Guru. The initiation is a simple, safe and scientific process by which the entire physical and mental state of the student is purified and the technique of Kriya Yoga is taught. The initiation is open to all seekers regardless of sect or creed. Pre-registration is required.