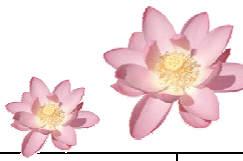
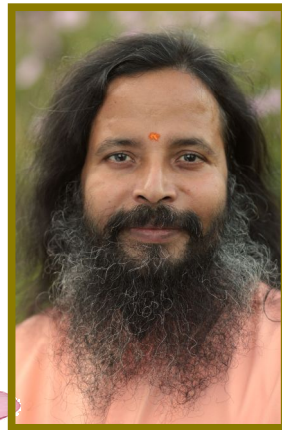




Kriya Yoga Spring Retreat, April 22-25, 2011

with Paramahansa Prajnanananda,

Swami Mangalananda Giri and other authorised Yogacharyas



April 22, 2011	April 23, 2011	April 24-25, 2011
06:00 Meditation	06:00 Meditation	06:00 Meditation
07:30 Frühstück / Breakfast Abwasch / Clean up	07:30 Frühstück / Breakfast Abwasch / Clean up	07:30 Frühstück / Breakfast Abwasch / Clean up
08:00 Seva	09:00 Einweihung in den authentischen Kriya Yoga, Meditation Initiation into Kriya Yoga, Meditation	08:00 Seva
11:00 Meditation		10 -11.00 Fragen & Antworten Question & Answer
13:00 Mittagessen / Lunch Abwasch / Clean up	13:00 Mittagessen / Lunch Abwasch / Clean up	11:30 Meditation
15.00 Video mit/of P. Hariharananda oder/or P. Prajnanananda	16:00 Explanation of technique Erklärung der Technik Meditation	13:00 Mittagessen / Lunch Abwasch / Clean up
18:00 Vortrag über Kriya Yoga, Meditation für alle Introductory Lecture & Meditation for all	18-19.00 Vortrag /Lecture	15.00 Video mit/of P. Hariharananda oder/or P. Prajnanananda
20.30 Abendessen / Dinner Abwasch / Clean up	19:30 Meditation	16:15 Meditation
	20.30 Abendessen / Dinner Abwasch / Clean up	18-19.00 Vortrag /Lecture
		19:30 Meditation
		20.30 Abendessen / Dinner Abwasch / Clean up

Retreat Information:

Seminar fee € 30,- / € 15 half day We can give a special discount to students and people with low income. Feel free to contact us any time.	Accommodation in the Kriya Yoga Centre available. Vegetarian cuisine.
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<p>Only initiated persons are allowed to attend the Kriya Yoga Meditations. New initiates should participate for at least three meditations in order to reinforce their meditation technique. All initiates can chose to attend only individual specific parts of the programme.</p> <p><u>For the initiation you need:</u></p> <p>Five flowers as a symbol of the five sense organs, five fruits as a symbol of all experiences and a donation of € 150,- as a symbol of the physical, astral and causal bodies.</p> <p>Please bring blankets and cushions. Loose and comfortable clothing is recommended.</p>

Advance Payment

We kindly ask all Kriyavans, who have received confirmation of a sleeping place/accommodation at the Tattendorf Ashram during the seminar April 22-25, 2010, to kindly send us a non refundable deposit of € 50 as a binding agreement on both sides. In case of cancellation it will be retained as administrative charge.

Please remit the amount onto the following account:

Reason for transfer: Kriya Yoga Seminar April 2011

Österreich

Kriya Yoga Zentrum Wien

Oesterr. Postsparkasse BLZ 60.000 Account no. 74.201.787

IBAN: AT 36 6000 0000 74201787 BIC: OPSKATWW

(Bank address: A 1018 Wien, Georg-Coch Platz 2)

Please send your registration to the address or Email below.



SEMINAR PLACE: KRIYA YOGA CENTRE VIENNA

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