

*the loving teachings of*

# KRIYA YOGA



Yogacharya Bhadrayu Pandya



Yogacharya Suresh Kodolika

*With:*  
**Yogacharya Bhadrayu Pandya**  
&  
**Yogacharya Suresh Kodolika**

**College Park, Maryland**  
**March 18-20, 2011**

## **PUBLIC LECTURE** *(free)*

**Friday, Mar. 18** 7:30-9:00 pm – *Kriya Yoga: The Ancient Science of Meditation*

LOCATION:

**University of Maryland Memorial WEST CHAPEL**

7600 Baltimore Avenue, College Park, MD 20742

Directions: <http://www.weddings.umd.edu/directions.php>

Free Parking: Lot Y directly behind the chapel

## **INITIATION PROGRAM**

*\* Saturday & Sunday activities are for new and current initiates in the lineage of Parmahansa Hariharananda and Paramahansa Prajnanananda.*

LOCATION: 10241 Wetherburn Rd., Ellicott City, MD 21043

**Saturday, Mar. 19**

**9:00am - 12:00**

**Initiation**

12-00-1:00 pm

Lunch (provided)

3:00 – 5:30 pm

Technique review & Question/Answer

6:00 – 7:00 pm

Guided Meditation

7:30 – 8:30 pm

Dinner (provided)

**Sunday, Mar. 20**

9:00 – 10:30am

2<sup>nd</sup> Kriya Meditation *(for current 2<sup>nd</sup> Kriya initiates)*

11:00 – 12:00 noon

1<sup>st</sup> Kriya Meditation *(new and all initiates)*

12-00-1:00 pm

Lunch (provided)

3:00 – 4:00 pm

Technique review class & Question/Answer

4:30 – 6:00 pm

Guided Meditation / Closing Ceremony