

WORKSHOP AT DUBAI, 1st to 3rd SEPTEMBER 2011

For official use
No

REGISTRATION FORM

(1) Name (In capital):	
(2) Name of Father/Spouse:	
(3) (a) Gender: Male Female (b) Marital status Married Unmarried	Affix your Photograph
(4) Religion: Hindu / Christian / Muslim / Buddhist / Jain / Sikh / Any other	
(5) If a Hindu, please give the following details:	
(a) Ishta Dev/Devi(b) Gotra	
(6) Date of Birth (DD/MM/YYYY)	
(7) Educational Qualification:	
(8) Occupation:	
(9) Permanent Address:	
(10) Correspondence address:	
(11) Mobile Phone: (13) Email:	
(12) State your area of expertise or interest that can be utilized for Kriya organization work.	onal
Full Signature	
Official Use: Initiated By	— —

Instructions for Kriya Yoga Empowerment

- Race and religion is no bar to join Kriya Yoga tradition.
- Please bring the following items with you for the process:
 - o 5 different fruits, representing fruits of your own action (Karma).
 - 5 different flowers, representing the 5 senses.
 (We will arrange the fruits & flowers for you if you so desire. Please let us know)
 - O Guru Dakshina: It represents the gross physical body. At the end of the empowerment programme, when you take a final bow before the Almighty and Swamiji, as a part of the traditional guru-sishya parampara, please offer guru dakshina (any amount of our choice) to Swamiji.
 - 7 candles represent the fire inside each chakra to be purified and enlightened at the empowerment ceremony. (Candles will be provided. No need to bring.)
- Please avoid eating any food before the empowerment (water / tea / coffee is OK to consume) before joining the programme on 2nd September, 2011. Hyperacidity and diabetic patients and others who are otherwise medically advised can eat some light food.
- Have your bath and come with clean clothing. Maintaining cleanliness in body and mind helps in better absorption of the teaching. For practicing yoga asanas, please wear comfortable, loose clothing. Vestis & sarees are not suitable.
- For meditation practice, it is best if you bring a blanket, bed sheet or a small mat on which you can sit comfortably and practice Kriya Yoga. If this is not possible, we will try our best to provide padded mats to sit and practice on.
- Please be present at the venue on time.
- Avoid unnecessary talk and socialization to maintain concentration in purpose. If you
 must speak, speak in soft whisper.
- Empowerment process will be followed by guided meditation and kriya techniques practice.
- No fees are charged for the course. But expenses are met through voluntary sharing
 of expenses and donations. For our experience we have seen that the per person
 cost comes to around AED 300. Extend your helping hand to further your cause and
 the cause of others as well.