

# Learn Kriya Yoga

**Initiation & Meditation Program** 





Sept 30th - Oct 2nd 2011 Madison, WI with Yogacharya Bhadrayu Pandya & Brahmachari Tyagananda Kriya Yoga Institute, www.kriya.org

# **Program Details**

Friday, Sept 30th 7pm - 8:30pm The Science of Kriya Yoga- Free Public Lecture Mimosa Bookstore 250 Gillman Street, Madison WI

**Saturday, Oct 1st 9am-5pm** Kriya Yoga Initiation Central Madison Please Pre-register for location

**Sunday, Oct 2nd 9am-5pm**Meditation Program and Potluck Lunch
Central Madison
Please Pre-register for location

#### **About Kriya Yoga**

Kriya Yoga is an ancient science of meditation that was reintroduced to modern society by Mahavatar Babaji and popularized by Paramahamsa Yogananda's book *Autobiography of a Yogi*. Kriya Yoga is open to all true seekers who wish to deepen their experience with the divine. Through a set of simple yet powerful techniques, the student experiences a greater sense of inner peace, joy and deep meditation.

# **Register Today**

Madison Kriya Yoga Center

# **Email:**

madisonkriya@gmail.com

## **Phone:**

608 216 6598 - Nicholas 608 215 4336 - Rebecca

# Web:

www.madisonkriya.org

## **About Kriya Yoga Initiation**

Kriya Yoga can only be learned directly from an authorized teacher or Guru. The initiation is a simple, safe and scientific process by which the entire physical and mental state of the student is purified and the technique of Kriya Yoga is taught. The initiation is open to all seekers regardless of sect or creed. Pre-registration is required.

## About Yogacharya Bhadrayu Pandya

Yogacharya Bhadrayu Pandya met Kriya Guru Baba Hariharananda in 1975 in New York City and began initiating in 1996. Bhadrayu is the leader of the Kriya Yoga Cincinnati center and he enjoys serving the Kriya Yoga Institute, guiding meditations, and initiating new students. Bhadrayu travels throughout the USA, particularly the Midwest, teaching Kriya. He has personally experienced profound changes in his life since he began practicing Kriya Yoga and he is grateful to have the opportunity to support others in making positive changes in their own lives.