



Friday	30.03.12	18.00	Introductory lecture Meditation for all	Sunday	01.04.12	06.15 09.00	Meditation II. Kriya Meditation <i>(only for those initiated in 2. Kriya)</i>
Saturday	31.03.12	06.15	Meditation (CD) <i>(only for initiated people)</i>			10.30	Meditation
		09.00	Initiation into Kriya Yoga Explanation of technique Meditation			14.30	Question & Answer Video of Paramahansa Hariharananda or Prajnanananda
		16.00	Explanation of technique, Meditation			16.00	Meditation
		19.00	Meditation (optional)			19.00	Meditation (CD), optional
				<i>Only initiated persons are allowed to attend the Kriya Yoga Meditations</i>			



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