



## Higher Kriya Yoga Retreat, March 7-12, 2012

with Swami Atmavidyananda Giri,

Peter van Breukelen, Swami Mangalananda Giri

and other authorised Yogacharyas



March 7, 2012	March 8 – 12, 2012
06:00 Meditation	06:00 Meditation
08:00 Frühstück / Breakfast Abwasch / Clean up	08:00 Frühstück / Breakfast Abwasch / Clean up
<b>10:00 Einweihung in den 2. Kriya/ Initiation into 2nd Kriya/ und/ and Meditation</b>	08:30 Seva
13:00 Mittagessen / Lunch Abwasch / Clean up	<b>09:30 Fragen &amp; Antworten -10:30 Question &amp; Answer</b>
15.00 Video	11:00 Meditation
<b>17:00 Vortrag -18:00 Lecture</b>	13:00 Mittagessen / Lunch Abwasch / Clean up
18:30 Meditation	<b>17:00 Vortrag -18:00 Lecture</b>
20.30 Abendessen / Dinner Abwasch / Clean up	18:30 Meditation
	20.30 Abendessen / Dinner Abwasch / Clean up

## **Retreat Information:**

This unique retreat at the Kriya Yoga Centre Vienna is a rare opportunity to learn and deepen your practice of the Higher Kriyas. Kriyavans will have the opportunity to learn and practice the advanced Kriyas, get clarifications on the techniques, as well as receive spiritual teachings and get insight into the deeper wisdom hidden in the scriptural texts.

All who have been initiated in any of the Higher Kriyas by authorized teachers of the lineage of Kriya Yoga of Paramahansa Hariharananda and Paramahansa Prajnanananda are welcome to attend this retreat. Second Kriya initiations are planned for those Kriyavans who have been practicing First Kriya for at least three years and have received permission prior to the retreat. Please contact us for more information about the initiation.

### **For the initiation into 2nd Kriya you need:**

One rose flower with stem, one fruit and a donation of € 200,-.

Please bring blankets and cushions. Loose and comfortable clothing is recommended.

### **Payment:**

Payments are due in advance before the seminar and we have 2 price options:

- a) € 55.- per day, which include the seminar, the over-night stay at the ashram and all meals or
- b) € 45.- per day, which include the seminar and all meals only

In the event of a cancellation there is a non-refundable fee of 10%.

You can pay for the whole seminar either by credit card or by wire transfer and you will then receive a receipt for the payments made.

To register, please follow the instructions on the Higher Kriya event page:

[http://www.kriya.org/calendar\\_\\_event.php?id=1630](http://www.kriya.org/calendar__event.php?id=1630)

*Concessions available on request*

*For any other requirement and/or exception to the general rules and guidelines, please contact us.*



SEMINAR PLACE: KRIYA YOGA CENTRE VIENNA

2523 Tattendorf • Pottendorferstraße 69 • Austria • Tel.: +43-2253/81491 • E-Mail: [kriya.yoga.centre@aon.at](mailto:kriya.yoga.centre@aon.at)

[www.kriyayoga-europe.org](http://www.kriyayoga-europe.org) • [www.kriya.org](http://www.kriya.org)