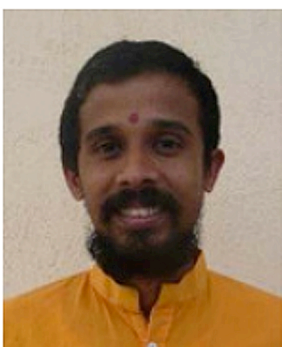


# Learn Kriya Yoga Meditation

As described in *Autobiography of a Yogi* by Paramahansa Yogananda

## Initiation & Meditation Intensive



March 30th - April 1st 2012  
Madison, WI  
with Yogacharya Durga Chunduri  
& Swami Vairagyananda  
*Kriya Yoga Institute*, [www.kriya.org](http://www.kriya.org)

### Meditation Program Details:

#### **Friday, March 30th 7pm - 8:30pm**

*The Science of Kriya Yoga Meditation*- Free Public Lecture  
Mimosa Bookstore (upstairs)  
250 Gillman Street, Madison WI

#### **Saturday, March 31st 9am-5pm**

Kriya Yoga Initiation  
West Madison  
Please register for location

#### **Sunday, April 1st 9am-5pm**

Meditation Program and Potluck Lunch  
West Madison  
Please Pre-register for location

### Register Today:

#### **Madison Kriya Yoga Center**

#### **Email:**

[madisonkriya@gmail.com](mailto:madisonkriya@gmail.com)

#### **Phone:**

608 216 6598 - Nicholas  
608 215 4336 - Rebecca

#### **Web:**

[www.madisonkriya.org](http://www.madisonkriya.org)

#### **About Kriya Yoga Meditation**

Kriya Yoga is an ancient science of meditation that was reintroduced to modern society by Mahavatar Babaji and popularized by Paramahansa Yogananda's book *Autobiography of a Yogi*. Kriya Yoga is open to all true seekers who wish to deepen their experience with the divine. Through a set of simple yet powerful techniques, the student experiences a greater sense of inner peace, joy and deep meditation. Learn more online at: [madisonkriya.org](http://madisonkriya.org)

#### **About Yogacharya Durga Chunduri**

Yogacharya Durga Chunduri serves Kriya Yoga as the resident yogacharya of the Chicago Kriya Yoga Center. She is also the Director of Hand in Hand USA, a charitable organization formed to raise funds for the clinics and school started by Prajnana Mission in India. She began initiating and teaching Kriya Yoga in 1998.

#### **About Kriya Yoga Initiation**

Kriya Yoga can only be learned directly from an authorized teacher or Guru. The initiation is a simple, safe and scientific process by which the entire physical and mental state of the student is purified and the technique of Kriya Yoga is taught. The initiation is open to all seekers regardless of sect or creed. Pre-registration is required. Find out more at: [madisonkriya.org](http://madisonkriya.org)