









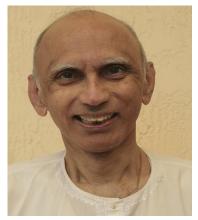




## The Scientific Teachings of Kriya Yoga Meditation Free Public Lecture – All are Welcome

Friday August 16, 2024 7:00-9:00 pm

**Location:** Cincinnati Yoga School, 6125 Ridge Avenue, Cincinnati, OH 45213, 2<sup>nd</sup> Floor, Parking in rear of the building



Contact: Chanchal K Ghosh Phone: (513) 720- 6840

Email: info@cincinnati.kriya.org

Speaker: Yogacharya Bhadrayu Pandya a practitioner of Kriya Yoga meditation for more than 35 years.



**Registration:** https://kriva.org/online-registration/7187/en

## Weekend Program Schedule for August 17-18

For those interested in Kriya Yoga Initiation, Reserve all Weekend Aug 17-18

Location: Cincinnati Kriya Yoga Center, 7005 Pinemill Dr, West Chester, OH 45069

8:30 am to 12:30 pm 2:00 pm to 5:30 pm Saturday, August 17, 2024 (Veg. Lunch Provided)
Kriya Yoga Initiation Ceremony
Technique Class & Guided Meditation

8:30 am to noon 1:30 to 4:30 pm Sunday, August 18, 2024 (Veg. Lunch Provided)
Technique Review & Guided Meditation
Q&A Session & Guided Meditation