

Kriya Yoga Hiking Retreat in Melchtal
On the track of 'Brother Klaus'
11 August – 18 August 2023
with Swami Mangalananda Giri and
Swami Karunananda Giri

Friday, 11 August 2023

from 3pm till

5pm Arrival

6pm Meditation, afterwards dinner

Saturday, 12 August 2023

6am Meditation, afterwards breakfast

9:30am Initiation/Meditation
afterwards lunch, hike

about 6pm Meditation
afterwards dinner and satsang

Sunday, 13 August 2023

6:30 am Meditation, afterwards breakfast
Hike with meditation, picnic

about 6pm Meditation, afterwards dinner

Monday, 14 till Thursday, 17 August 2023

Programme as on 13 August

Friday, 18 August 2023

6:00 am Meditation, afterwards breakfast,
Seva and departure

Place of event:

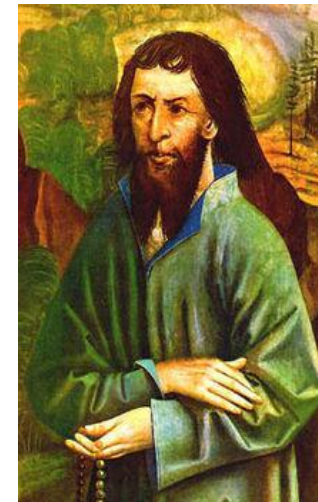
Groupshouse JUHUI
Fruttstrasse 41
6067 Melchtal

Costs

Price for the retreat CHF 650.-
including meditations, accommodation and meals
Cable cars for hikes extra

Venue

All infos on www.unterkunft.ch – Juhui Melchtal
Gratis car parking in front of the house
By train to Sarnen via Lucerne and by bus to Melchtal, Plätzli



Information and Registration

Kriya Yoga Group Zurich

Christine Glauser

Tel: +41 (0) 79 485 97 34

Email: glauserch@bluewin.ch

