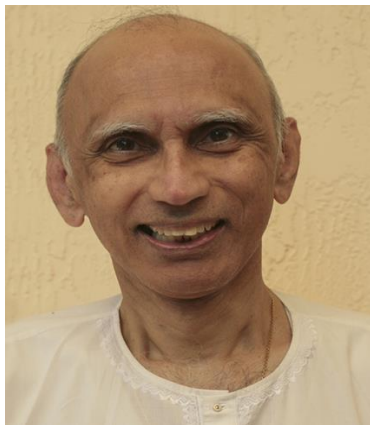


The Scientific Teachings of Kriya Yoga Meditation Free Public Lecture – All are Welcome

Friday Sept 29, 2023 7:30-9:30 pm

Location: 6797 N High Street Suite 333 Worthington OH 43085



Contact: Jessica Noel
Phone: (614) 354-3684
Email: jessicanoelbandy@gmail.com

Sitaram Koppak
Phone: (317) 331-0592
Email: sitaramks@gmail.com

Speaker: Yogacharya Bhadrayu Pandya
a practitioner of Kriya Yoga meditation for more than 30 years.

Weekend Program Schedule for Sept 30- Oct 1

For those interested in Kriya Yoga Initiation, Reserve all Weekend

Location: 6797 N High Street Suite 333 Worthington OH 43085

9:00 am to 12:30 pm
2:00 pm to 5:30 pm

Saturday, Sept 30, 2023 (Veg. Lunch Provided)
Kriya Yoga Initiation Ceremony
Technique Class & Guided Meditation

9:00 am to 12:30 pm
2:00 to 4:30 pm

Sunday, Oct 01, 2023 (Veg. Lunch Provided)
Technique Review & Guided Meditation
Q&A Session & Guided Meditation