





Hiking Retreat in Passau 03.07. – 09.07.2025

## with Swami Mangalananda Giri & Sami Karunananda

## Schedule:

**03.07.2025** Arrival:

5:00 p.m. Rooms available

6:00 p.m. Meditation

7:30 p.m. Dinner

**04.7.-08.07.2025** Retreat:

7.00 a.m. Meditation 8.30 a.m. Breakfast

9.45 a.m. Start of guided hike

(Lunch packet available & recommended)

ca. 5.00 p.m. arrival back ca. 5.30 p.m. Meditation ca. 7.00 p.m. Dinner

09.07.2025

7.00 a.m. Meditation8.30 a.m. Breakfast9.30 a.m. End of retreat

**Location:** Jugendtagesstätte Rammelsbach

Rammelsbach 1 94496 Ortenburg

www.jugendtagungsstaette-rammelsbach.de

<u>Costs</u>: 491,- € single room

**421,-** € double/2-bed room

**360,-** € camping

(covers 6 overnight stays, full board, seminar fee,

cleaning, linen)

## Please Note:

- initiations possible
- length of hikes ca. 10-20 km (shorter hikes possible)
- advice for hiking gear:
  - solid hiking- boots, day backpack, drinking bottle
  - tupperware
  - rainproofed clothes (possibly umbrella)
- Please bring your own towels
- The experienced family constellator Rainer Krokosius is happy to offer family constellations every second day after the hikes for a donation.

## **Information and Registration:**

Kriya Yoga Braunschweig, Yvonne Krüger-Schulte & Andreas Schulte

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please register until 21.06.2025

deposit: 200,00 Euro

bank account: Andreas Schulte

IBAN: DE58 2702 0000 1505 2635 15

Subject to change







