



Greater Vancouver Kriya Yoga Centre Celebration Program

Commemorating 50 years of Paramahansa Hariharananda in the Americas

with the First-Time Visit to Vancouver of Shri Paramahansa Prajnanananda

SCHEDULE

Day 1 **THURSDAY April 24, 2025**

Location: Community Hall, Hindu Temple Burnaby 5420 Marine Dr, Burnaby, BC

9:00	Check in/Registration– Book Sales Open
10:00	Guided Meditation – Swami led
11:15	Discourse: Food Mind Connection – Swami Atmavidjananda
12:30	Lunch Dhyana Mandir Ashram Presentation – Q & A Swami Atmavidjananda Book Sales
2:00	Guruji arrives - Darshan
3:00	Guided Meditation – Guruji led
4:00	Prasad, Darshan (and Kirtan)
4:30	Q & A
5:00	Break – Book Sales
5:30	Public Discourse: Effects of Meditation on the Mind – Guruji
6:30	Break
6:45	Dinner and Clean Up
7:45	Program Ends

Day 2**FRIDAY APRIL 25**

9:30	Book Sales
10:15	Guided Meditation – Nisha ma led
11:15	Break
11:30	Cultural Program
12:30	Lunch
2:00 pm	Program ends – Clean Up

Public Event: BODY–MIND–WELLNESS: BMW Tune-Up**Location: Studio Theatreat Surrey Arts Centre (Bear Creek) 13750 88 Avenue, Surrey, BC**

5:30 pm	Doors Open
6:00	Kirtan begins
6:30	Introductions
6:40	Guruji's discourse, Q&A, short meditation
8:00	Program ends