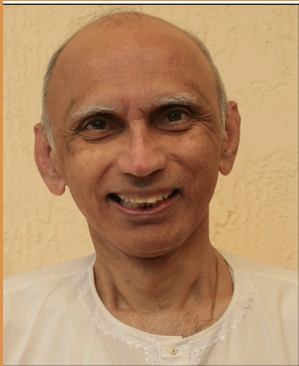




The Scientific Teachings of  
**Kriya Yoga Meditation**  
October 20 - 22, 2023  
Strongsville, OH



with Yogacharya Bhadrayu Pandya  
Practitioner of Kriya Yoga meditation for more than 30 years.

For more  
information and to  
register, please  
contact:

Navya  
Gundapaneni  
(440) 773-8542  
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@gmail.com

Frank Alesci  
(440) 479-9478  
fjalesci@mac.com

**Friday, October 20, 2023**

7:00 PM – 8:30 PM

*Finding Peace & Inner Joy*

Join us for a free discourse and discussion on Kriya  
Yoga meditation. All are welcome.

**Saturday, October 21, 2023**

9:00 AM – 12:30 PM

*Kriya Yoga Initiation Ceremony*

2:30 PM – 5:30 PM

*Technique Class & Guided Meditation*

**Sunday, October 22, 2023**

9:00 AM – 12:00 PM

*Technique Review & Guided Meditation*

2:00 PM – 4:30 PM

*Q&A Session & Guided Meditation*

***All new initiates must attend the whole program on Saturday and Sunday.***

The program will take place at:  
**Deerfield Lake Recreation Center**  
17148 Goldenstar Drive  
Strongsville, OH 44136

