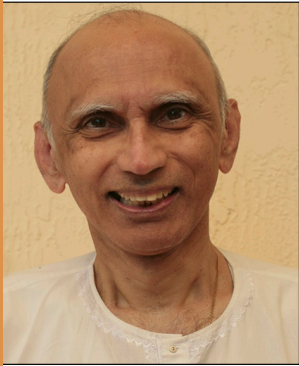




The Scientific Teachings of  
**Kriya Yoga Meditation**  
November 11 - 13, 2022  
Cleveland, OH



with Yogacharya Bhadrayu Pandya  
Practitioner of Kriya Yoga meditation for more than 30 years.

For more  
information and to  
register, please  
contact:

Navya  
Gundapaneni  
(440) 773-8542  
navyagundapaneni  
@gmail.com

Frank Alesci  
(440) 479-9478  
fjalesci@mac.com

**Friday, November 11, 2022**

7:00 PM – 8:30 PM *Finding Peace & Inner Joy*

Join us for a free discourse and discussion on Kriya Yoga, meditation and inner peace. All are welcome.

Deerfield Lake Recreation Center | 17148 Goldenstar Dr, Strongsville, OH 44136

**Saturday, November 12, 2022**

9:00 AM – 12:30 PM *Kriya Yoga Initiation Ceremony*

2:30 PM – 5:30 PM *Technique Class & Guided Meditation*

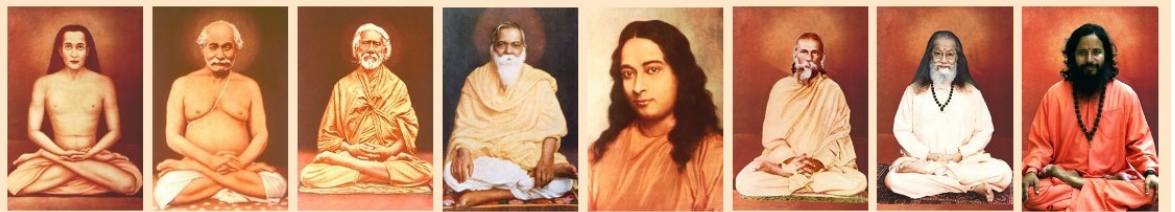
19640 Misty Lake Drive, Strongsville, OH 44136

**Sunday, November 13, 2022**

9:00 AM – 12:00 PM *Technique Review & Guided Meditation*

2:00 PM – 4:30 PM *Q&A Session & Guided Meditation*

Deerfield Lake Recreation Center | 17148 Goldenstar Dr, Strongsville, OH 44136



*These sessions are provisionally based upon the status of the pandemic and any guidelines from the government authorities. Participants are requested to observe local guidelines on Covid.*