

KRIYA YOGA: THE ANCIENT SCIENCE OF MEDITATION

New York City, October 5 - 6, 2024



Yogacharya John Williams. Swami Chidrupananda Giri

PUBLIC TALK: KRIYA YOGA INTRODUCTION

Still Mind Zendo
34 W 15th St 3rd Floor NYC
Press Still Mind Zendo Bell
Sunday, September 29th, 10:30 – 11:30 am open to all

KRIYA YOGA INITIATION & TRAINING PROGRAM

Nest Broadway
1234 Broadway, Suite 147, New York NY 10001 (on 31st street)

Saturday, October 5:

8:30am – 12:30pm, Kriya Yoga Initiation Ceremony
2:00pm – 5:00pm, Technique Class & Guided Meditation

Sunday, October 6:

8:30am – 10:00am, 2nd Kriya Guided Meditation *
10:00am – 12:00pm, 1st Kriya Technique Review and Guided Meditation
1:30pm – 4:00pm, Q&A Session and Guided Meditation

* 2nd Kriya Meditation is only for those initiated into 2nd Kriya in the lineage of Paramahansa Hariharananda, Paramahansa Prajnanananda and authorized representatives of Kriya Yoga Institute



PARAMAHAMSA HARIHARANANDA
(1907-2002) - (photo on the right)

filled with purity and love, came from a long, unbroken line of masters, ultimately attaining nirvikalpa samadhi, the highest goal of a realized yogi. A disciple of Swami Shriyuktेशwarji and Paramahansa Yoganandaji, he spread Kriya Yoga to the East and West.

PARAMAHAMSA PRAJÑANANANDA
(photo on the left)

his successor, continues his mission teaching one lesson: the lesson of love. Through every action and breath, he urges us to realize that we all are divine and to achieve that blissful state of divine love and contentment through basic self-discipline and the practice of Kriya Yoga.

LINEAGE OF MASTERS



KY1108000103(1008)ROCNY

Please Register Online (Scan QR Code and Visit the following URL):
<https://www.kriya.org/online-registration/6982/en>



Once your registration is confirmed, we email you the details such as the location, the initiation offerings to bring, dress code, and some links to read about Kriya Yoga.