



## MEANINGFUL CHANGE One Day Intensive Program

Nov 9, 2024 (9 am- 5 pm)

Morristown Unitarian Universalist Fellowship,  
21 Normandy Heights Rd, Morristown, NJ  
*Donation of \$20 to attend*

### Program Schedule



With Yogacharya  
John Williams

- 9.00 am - 9.30 am - Welcome & Opening talk
- 9.30 am - 11.00 am - Meditation
- 11.00 am - 11.15 am - Break
- 11.15 am - 12.30 am - Meditation
- 12.00 pm - 2.30 pm - Potluck lunch
- 2.30 pm - 3.30 pm - Talk, Q & A
- 3.30 pm - 3.45 pm - Break
- 3.45 pm - 5.00 pm - Meditation & Closing

Click [here](#) to register.

This program is open only to those initiated into Kriya Yoga in the lineage of  
Paramahansa Hariharananda and Paramahansa Prajnanananda.

