

KRIYA YOGA INITIATION PROGRAM

Kriya Yoga is a simple, yet extraordinarily powerful meditation technique to develop mind, body, intellect and awareness of the soul. Based on the science of breath, Kriya Yoga greatly enhances all spiritual practice. It aims to help spiritual seekers attain the summit of spiritual experience — constant communion with the Divine — with joy and ease.

Kriya Yoga has been handed down — from teacher to student — in an unbroken lineage of enlightened masters that reaches deep into the mists of time immemorial. Kriya Yoga transforms the body, mind, and heart, helping us be calmly active and actively calm.

Initiation Session

Saturday, October 19th 8:30AM - 5:00PM
Initiation, Technique Teachings & Guided Meditation
Sunday, October 20th 8:30 AM - 4:30 PM
Technique Review & Guided Meditations



Location for Initiation Session (near 32nd St and Chandler Blvd) will be provided upon confirming online registration.



Yogacharya Richard Peterson

was initiated into Kriya Yoga by Paramahansa Hariharananda in 1979 in Edmonton, Alberta, Canada. Presently, he lives with his wife Judy, also initiated in 1979, and two children in Los Angeles, California. Richard Peterson holds a Master of Arts degree in Education and teaches music and English in the Los Angeles Unified School District. He was authorized to teach Kriya Yoga in May 2007.

For event details and registration, scan the QR code above or visit:
<https://kriya.org/event-details/7473/en>

