



**Greater Vancouver Kriya Yoga Centre Celebration Program**  
**Commemorating 50 years of Paramahansa Hariharananda in the Americas**  
**with the First-Time Visit to Vancouver of Shri Paramahansa Prajnanananda**

**TENTATIVE SCHEDULE**

**Day 1                      THURSDAY April 24, 2025**

**Location: Community Hall, Hindu Temple Burnaby 5420 Marine Dr, Burnaby, BC**

8:30	Check in/Registration – Book Sales Open
10:00	Guided Meditation – Swami led
11:15	Discourse: <b>Food Mind Connection</b> – Swami Atmavidjananda
12:30	Lunch
	Book Sales
2:30	Dhyana Mandir Ashram Presentation – Q & A Swami Atmavidjananda
3:00	Guided Meditation
4:00	Break/Book Sales
5:00	Kirtan/Cultural Program

<b>5:30 pm</b>	<b>Drop-In Event – No Registration Required – bring your family and friends</b> <b>Public Discourse: Effects of Meditation on the Mind, Q&amp;A, General Guided Meditation by Guruji</b>
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6:45	Break
7:00	Dinner and Clean Up
8:00	Program Ends

**Day 2****FRIDAY APRIL 25**

8:00 am	Book Sales
9:00	Guided Meditation
10:00	Break
10:15	Discourse, Q & A
11:15	Cultural Program/Kirtan
11:30	Satsang/Darshan with Shri Guruji
12:30	Lunch with Shri Guruji
2:00 pm	Guided Meditation
3:00 pm	Program ends

**Public Event: BODY—MIND WELLNESS: BMW Tune-Up**

**Location: Studio Theatre at Surrey Arts Centre (Bear Creek) 13750 88 Avenue, Surrey, BC**

5:30 pm	Doors Open
6:00	Devotional begins
6:30	Introductions
6:40	Guruji's discourse, Q&A, short meditation
8:00	Program ends