



The world-revered master of Kriya Yoga, Paramahansa Prajñanananda, is the epitome of boundless love, wisdom and action, representing a combination of Swami Vivekananda, Shri Adi Shankara, and Shri Chaitanya. What Arjuna was to Shri Krishna, Prajñanananda ji is to his Guru Paramahansa Hariharananda. This master stands distinguished and unique among saints and sages in India. Through every action and breath, he urges us to realize that we all are divine and to achieve the blissful state of divine love and contentment through the practice of Kriya Yoga.

Register Here



<https://kriya.org/online-registration/7433/en>



A rare opportunity to be with a God-realized master and get his blessings

Talk on “Integral Health and Meditation: Mental & Spiritual Well-Being”

Teacher of authentic Kriya Yoga passed on by an unbroken lineage of realized masters, including Paramahansa Yogananda (author of Autobiography of a Yogi) and Paramahansa Hariharananda

Learn about Kriya Yoga, the science of breath and the path to freedom

The event is free. All are welcome

VENUE

Jain Center of Northern California

722 S Main St, Milpitas, CA 95035

05.08.24, Wed, 6:30pm - 8pm
(Refreshments from 5:30pm - 6:30pm)

ORGANIZER

Saratoga, CA Kriya Yoga Center

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