



INSTITUTE

KRIYA YOGA INITIATION PROGRAM

Kriya Yoga is an ancient meditation technique that cultivates body, mind, intellect, and awareness of the soul using powerful meditative and yogic disciplines.

Free Public Talk

Kriya Yoga - An Ancient Science of Meditation

Friday, March 31st, 2023, 7:00 PM to 8:00 PM

Initiation Session

Saturday, April 1st, 2023, 8:30 AM - 4:30 PM

Initiation, Technique Teachings, and Guided Meditation

Sunday, April 2nd, 2023, 8:30 AM - 4:30 PM

Technique Review, Q&A, and Guided Meditations

Initiation Offerings TBA at the Public Talk or on confirming your online registration.

Location: Starchevski School of Ballet

200 Country Hills Landing NW #201

Calgary, AB T3K 5P3



Yogacharya
Nisha
Pandey



Yogacharya
Richard
Peterson



For event details and registration:
<https://kriya.org/event-details/6551/en>

