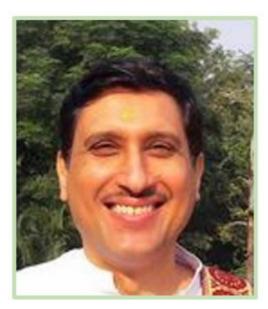


Kriya Yoga Centre Vienna

Easter Retreat 7 - 10 April



Yogacharya Histas Damania

Registration

Programme

Friday

04:00 pm Satsang 06.30 pm Meditation

Saturday /Sunday

06:00 am Meditation 10:00 am Class 11:30 am Meditation

Costs

Weekend Seminar € 116,-(including overnight stay and meals)

Weekend Seminar € 90,-(including meals)

Vegetarian cuisine. Mealtimes: 7.30, 13.00 and after evening meditation.

More Info Please bring a blanket/yoga mat, a 02:30 pm Video 04:00 pm Class 06.30 pm Meditation cushion and socks with you. We also recommend loose and comfortable clothing.

Monday

6:00 am Meditation

10:00 Uhr Class

11:30 Uhr Meditation

- Only initiated persons are allowed to attend the Kriya Yoga Meditations

- All initiates can chose to attend only individual specific parts of the programme.

- New initiates should participate for at least three meditations in order to reinforce their meditation technique.

We look forward to welcoming you soon. Ihr Kriya Yoga Team

Corona Regulations:

Please visit our events only symptom-free.



Kriya Yoga Centre Vienna

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