



## Kriya Yoga Centre Vienna

### OUR MEDITATIVE SEVA DAYS

with

**SWAMI MANGALANANDA GIRI**

and

**SWAMI KARUNANANDA GIRI**

*will take place from*

***Monday 24<sup>th</sup> April till Thursday 27<sup>th</sup> April 2023***

*(arrival Sunday 23<sup>rd</sup> April evening, departure Friday 28<sup>th</sup> April in the morning)*

**- STAY FOR FREE -**

*These days offer the opportunity to connect our spiritual practice with practical support and help in the house and garden. Seva is your voluntary contribution and offers the chance to be part of the self-organized project "Kriya Yoga Centre".*

*Each day there will be guided meditations at  
5:45 a.m. / 12:00 a.m. / 7:00 p.m.*

*We are looking forward to meditate and work with you!*

**YOUR KRIYA YOGA TEAM**

#### SEVA DAYS TIME SCHEDULE

05.45 am Meditation  
07.30 am Breakfast  
08.00 am Seva – selfless service  
12.00 am Meditation  
01.00 pm Lunch  
02.00 pm Seva – selfless service  
06.30pm Lecture (CD)  
07.00 pm Meditation  
08.30pm Dinner

*To register please use following link*

*(also if you would like to join the  
initiation seminar April 28 - 30, 2023):*

[www.tiny.cc/kriya](http://www.tiny.cc/kriya)

## **SEVA DAYS 24 – 27 April 2023**

# with Swami Mangalananda Giri and Swami Karunananda Giri

Arrival 23rd April evening, Departure 28th April morning

## **Free board and lodging!**

*These days offer the opportunity to connect our spiritual practice with practical support and help in the house and garden. Seva is your voluntary contribution and offers the chance to be part of the self-organized project "Kriya Yoga Centre".*

Registration

The Seva Days will be followed by an **Initiation Weekend – 28.4. – 30.04.**  
([Programme schedule](#)).

To register, use the same registration link above.

**We look forward to welcoming you soon.**

**Ihr Kriya Yoga Team**



### **Kriya Yoga Centre Vienna**

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