



Kriya Yoga Centre Vienna

OUR MEDITATIVE SEVA DAYS

with

SWAMI MANGALANANDA GIRI

and

SWAMI KARUNANANDA GIRI

will take place from

Monday 24th July till Thursday 27th July 2023

(arrival Sunday 23rd July evening, departure Friday 28th July in the morning)

- STAY FOR FREE -

These days offer the opportunity to connect our spiritual practice with practical support and help in the house and garden. Seva is your voluntary contribution and offers the chance to be part of the self-organized project "Kriya Yoga Centre".

*Each day there will be guided meditations at
5:45 a.m. / 12:00 a.m. / 7:00 p.m.*

We are looking forward to meditate and work with you!

YOUR KRIYA YOGA TEAM

SEVA DAYS TIME SCHEDULE

05.45 am Meditation
07.30 am Breakfast
08.00 am Seva – selfless service
12.00 am Meditation
01.00 pm Lunch
02.00 pm Seva – selfless service
06.30pm Lecture (CD)
07.00 pm Meditation
08.30pm Dinner

To register please use following link

*(also if you would like to join
the initiation seminar July 28-30, 2023):*

www.tiny.cc/kriya

SEVA DAYS 24 – 27 July 2023

with Swami Mangalananda Giri and Swami Karunananda Giri

Arrival 23rd July evening, Departure 28th July morning

Free board and lodging!

These days offer the opportunity to connect our spiritual practice with practical support and help in the house and garden. Seva is your voluntary contribution and offers the chance to be part of the self-organized project "Kriya Yoga Centre".

Registration

Right after the Seva Days an **initiation weekend seminar** will take place from **28-30 July**. ([Programme schedule](#)).

To register, use the same registration link above.

We look forward to welcoming you soon.

Ihr Kriya Yoga Team



Kriya Yoga Centre Vienna

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www.kriya.org · www.kriya.eu · info.kriya.eu

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