

## KRIYA YOGA INITIATION PROGRAM

Kriya Yoga is an ancient meditation technique that cultivates body, mind, intellect, and awareness of the soul using powerful meditative and yogic disciplines.

## Public Talk - Free & Open to all

Organized by Arva Yoga (www.arvayoga.org) Fri, Oct 27, 2023, 6:30 PM to 8:30 PM

Kriya Yoga - An Ancient Science of Breath and Meditation

## **Initiation Session**

Sat, Oct 28, 2023, 8:30 AM - 5:00 PM
Initiation Ceremony, Technique Teachings, and Guided Meditation

Sun, Oct 29, 2023, 9:00 AM - 4:00 PM

Technique Review, Q&A, and Guided Meditations

## **Location: Pipersville, PA 18947**

Please sign up for the event online. We will send you a confirmation email after reviewing your information. In this email, we will provide you the address of the event location and the offerings to bring for initiation.







Yogacharya Suresh Kodolikar & Yogacharya Niva Kodolikar















