



**Kriya Yoga Initiation program**  
**November 24–27, 2023 with Yogacharya Histas Damania**  
Location: Mācību centrs "Mežmāja", Laucienes pagasts, Talsu novads

## Application form

### 1. Participant

Name Surname	Contact information
Initiated in Kriya Yoga by; When?	

### 2. Participation

Dates	Tick	Fee
<b>24.11.–27.11. (All days)</b>	<input type="checkbox"/>	<b>70 euro</b>
Only November 25 (Saturday)	<input type="checkbox"/>	40 euro
Only November 26 (Sunday)	<input type="checkbox"/>	40 euro
<b>Donation to Yogacharya total:</b>		

### 3. Accommodation

Dates	Place to sleep, tick
	<b>20 euro/per night</b>
Nov 24 – Nov 25	<input type="checkbox"/>
Nov 25 – Nov 26	<input type="checkbox"/>
Nov 26 – Nov 27	<input type="checkbox"/>
<b>Transfer to Krija Jogas biedriba Latvija total:</b>	

1. It is mandatory to fill in the application form and send it to e-mail address: [info@krija.lv](mailto:info@krija.lv) **till 17<sup>th</sup> of November.**
2. You have to make payment for accommodation in two days after approval of participation, transferring money to Krija jogas biedriba Latvija with payment details: "Accommodation fee"  
Banking details: Beneficiary Name: Krija jogas biedriba Latvija  
Identity No./Registration No.: 40008152618  
Beneficiary Account: LV53PARX0023006900001  
SWIFT Code: PARXLV22  
Beneficiary Bank: CITADELE BANKA

### More information:

- Only ten rooms are available in "Mezmaja". Total number of beds 30. Beds will be booked according to the sequence of application forms. We will try to provide other accommodation options if needed in the closest neighbourhood.
- Vegetarian food will be available. It will be possible to order the food beforehand and pay cash directly to supplier. Estimated price per meal 5 €.
- It will be possible to cook food by ourselves as well. There are two kitchens in Mežmāja, fridges, pots and frying-pans available. You just should take dinning tools with you such as fork, knife, plate and mug, etc.
- Please take comfortable clothing and wool socks as well as cushion and blanket or yoga carpet with you.
- To prepare yourself for meditations please come 10 to 15 minutes earlier.
- If you would like to have more information or you have some special requests please do not hesitate to contact us via e-mail: [info@krija.lv](mailto:info@krija.lv).