

Kriya Yoga Centre Vienna

Easter Retreat 29 March - 1 April



Swami Sahajananda Giri

Registration

Programme

Friday

04:00 pm Satsang

06.30 pm Meditation

Saturday /Sunday

06:00 am Meditation

10:00 am Class

11:30 am Meditation

03:30 pm Video

Costs

One seminar day: € 58,-

(including overnight stay and meals)

One seminar day: € 45,-

(including meals)

Vegetarian cuisine.

Mealtimes: 7.30, 13.00 and after

evening meditation.

More Info

Please bring a blanket a cushion (this

is also available in the house if

05:00 pm Class 06.30 pm Meditation needed) and socks with you. We also recommend loose and comfortable clothing.

Monday

6:00 am Meditation

10:00 Uhr Class

11:30 Uhr Meditation

- Only initiated persons are allowed to attend the Kriya Yoga Meditations
- All initiates can chose to attend only individual specific parts of the programme.

We look forward to welcoming you soon. Ihr Kriya Yoga Team









Kriya Yoga Centre Vienna

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www.kriya.org · www.kriya.eu · info.kriya.eu

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