



Breath Mastery is Self-Mastery

Free Public Lecture. All are Welcome.

Fri, Oct 3, 2025 7:00PM - 8:30 PM

Verge Yoga Studio, 250 W Lancaster Ave, Wayne, PA 19087

Learn Kriya Yoga Meditation

Pipersville, PA

Please reserve Saturday & Sunday to learn Kriya Yoga. The full location address, offerings, and other details will be provided while confirming your online registration.



Swami Purnatmananda Giri

Contact

Oodaye Shukla +1 610-392-6878
Rushabh Gandhi +1 215-275-0842
philadelphia-pa@kriya.org

Sat, Oct 4, 2025

08:30am - 12:00pm : Kriya Yoga Initiation
12:15pm - 02:00pm : Vegetarian Lunch
02:00pm - 05:30pm : Techniques, Meditation

Sun, Oct 5, 2025

09:00am - 12:00pm: Review, Meditation
12:00pm - 01:30pm : Vegetarian Lunch
01:30pm - 4:00pm : Q&A, Meditation



www.kriya.org/event-details/7753/en

The Kriya Yoga Institute is a non-profit organization

