



# Breath Mastery is Self-Mastery

Free Public Lecture. All are Welcome.

**Fri, Oct 3, 2025 7:00PM - 8:30 PM**

Verge Yoga Studio, 250 W Lancaster Ave, Wayne, PA 19087

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## Learn Kriya Yoga Meditation Pipersville, PA

Please reserve Saturday & Sunday to learn Kriya Yoga. The full location address, offerings, and other details will be provided while confirming your online registration.



**Swami Purnatmananda Giri**

### Contact

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**Sat, Oct 4, 2025**

**08:30am - 12:00pm** : Kriya Yoga Initiation  
**12:15pm - 02:00pm** : Vegetarian Lunch  
**02:00pm - 05:30pm** : Techniques, Meditation

**Sun, Oct 5, 2025**

**09:00am - 12:00pm**: Review, Meditation  
**12:00pm - 01:30pm** : Vegetarian Lunch  
**01:30pm - 4:00pm** : Q&A, Meditation



[www.kriya.org/event-details/7753/en](http://www.kriya.org/event-details/7753/en)

