



**Seminar in Cluj
March 27 – March 29, 2026
with Swami Karunananda**

Friday, 27 March 2026

19:00 Introductory Lecture open to all

Saturday, 28 March 2026

08:30 Preparation for Initiation

09:00 Initiation Ceremony, Meditation

13:00 Lunch together (*optional*)

15:30 Explanation of Kriya Yoga Techniques

17:00 Meditation

Sunday, 29 March 2026

09:00 Meditation

10:30 Review of Kriya Yoga Techniques

12:30 Lunch together (*optional*)

15:00 Questions & Answers followed by
Meditation

*** Only those initiated into the Kriya Yoga lineage of Paramahansa Hariharananda and Paramahansa Prajnanananda are allowed to participate at the Meditation and Techniques classes. ***

Venue: Wisdome Culture Lab
Address: Str. Emil Isac no. 25,
Cluj-Napoca
Romania

The following offerings are needed for initiation:

- Five fruits - represent the fruits of all our actions (the causal body)
- Five flowers - represent the five senses (the astral body)
- Monetary Contribution of 100 EUR - represents the gross body (the physical body)

Costs (not for new initiated persons)

The Seminars in Cluj-Napoca are funded by donations/ contributions and are organized by volunteers.

Sat and Sun 125 RON per day

Information

Please bring a blanket and socks with you. We also recommend loose and comfortable clothing. Kindly arrive 30 minutes before initiations start and 15 minutes before each meditation class.

Remember also to switch off your mobile during the program.

Information and Registration

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