



Kriya Yoga Initiation

Thursday, May 28, 2026 6:30PM – 8:00 PM

“The Rhythm of Breath, the Flow of Mind”

Free Public Lecture online. All are Welcome.

Zoom link: <https://tinyurl.com/public-lecture-2026>

Meeting ID: 320 210 6633 Passcode: 686451



Saturday, May 30, 2026

8:30 am - 12:30pm: Kriya Yoga Initiation
2:00 - 5:30 pm : Techniques, Meditation

Sunday, May 31, 2026

9:00 am - noon : Review, Meditation
2:00 - 4:30 pm : Q&A, Meditation



Swami

Atmavidyananda Giri

Swami

Sarvatmananda Giri

Venue

Knights of Columbus
 299 Eisenhower Pkwy,
 Livingston NJ 07039



www.kriya.org/event-details/8809/en

Contact

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