



Kriya Yoga Centre Europe

Tattendorf (near Vienna)



SEVA DAYS 20 – 23 July 2026

with Swami Mangalananda Giri

Arrival Sunday 19th July evening, Departure Friday 24 July morning

Free board and lodging!

These days offer the opportunity to connect our spiritual practice with practical support and help in the house and garden. Seva is your voluntary contribution and offers the chance to be part of the self-organized project "Kriya Yoga Centre".

Registration

Seva Days Time Schedule

05.45 am Meditation

07.30 am Breakfast

08.00 am Seva – selfless service

12.00 am Meditation

01.00 pm Lunch

02.00 pm Seva – selfless service

06.30pm Lecture (CD)
07.00 pm Meditation
08:30pm Dinner

We look forward to common meditations and activities in the house and garden to beautify our centre.

Your Kriya Yoga Team



Kriya Yoga Centre Europe

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www.kriya.org · www.kriya.eu · info.kriya.eu

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