



**PARADISE VALLEY
COMMUNITY COLLEGE**

A MARICOPA COMMUNITY COLLEGE

Center for International Studies

PUBLIC LECTURE

From Restlessness to Stillness

A journey
through breath

Swami Vairagyananda
Temple of Harmony



Friday, November 20th



11:00 AM to Noon



Venue: PVCC KSC1000B
18401 N. 32nd Street
Phoenix, AZ 85032



ADDITIONAL OPPORTUNITIES

Discourses and Meditations
Nov 21st and 22nd (9:30am - 4:00pm)
in Tucson

CONTACT

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