



Kriya Yoga: An ancient practice for modern life

Free Public Lecture. All are Welcome.



Friday, Apr 10th

6 - 8 PM

Learn Kriya Yoga Meditation

Saturday, Apr 11th

9 - noon : Kriya Yoga Initiation

2 - 5 PM : Techniques, Meditation

Sunday, Apr 12th

8:30 - noon : Review, Meditation

2 - 4:30 PM : Q&A, Meditation



Yogacharya Lucy O'Brien



Swami Gurusharanananda Giri

Venue

Kansas Kriya Yoga Center
8303 W 166th Court
Overland Park KS 66085



www.kriya.org

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