

Kriya Yoga

An ancient meditation practice for modern life

Friday, April 17th, 6:30 pm

Free Public Lecture. All are Welcome.



Swami Sahajananda Giri

April 18th, Saturday

9 - noon : Kriya Yoga Initiation

2 - 5 PM : Techniques, Meditation

April 19th, Sunday

8:30 - noon : Reviews, Meditation

2 - 4 PM : Q&A, Meditation

Venue

Jester Park Cabin

Cabin #2

12130 Northwest 128th Street
Granger, IA 50109



www.kriya.org

Contact

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The lineage of Kriya Yoga Gurus

