



24757 SW 167th Avenue, HOMESTEAD, FL 33031-1364, U.S.A. TEL: 305-247-1960 FAX: 305-248-1951

THE KRIYA YOGA OF BABAJI MAHARAJ, LAHIRI MAHASAYA, SWAMI SHRIYUKTESHWAR, SANYAL MAHASAYA, PARAMAHAMSA YOGANANDA, SWAMI SATYANANDA, PARAMAHAMSA HARIHARANANDA & PARAMAHAMSA PRAJNANANANDA

“When I think or even hear of the Ganga and the Himalayas, I feel so much love in my heart. To me the beauty of the Ganga is unparalleled and Ganga water is nothing less than divine nectar. The sight of the sacred Ganga and Himalayas together is the most beautiful, magnificent sight in the world to me.”

– Paramahansa Prajnanananda, from his Divine Motherhood

Dear Divine Soul,

It is with great joy we announce that on June 15, 2018, the Uttarkashi Kriya Yoga Ashram (Hariharananda Tapovan) will offer an exceptional, silent meditation retreat on the bank of the holy Ganga River. The ashram, usually reserved for Kriya monastics, is nestled in the foothills of the Himalayas and provides an unprecedented opportunity for kriyavans to deepen their spiritual practice in the pristine environment that yogis have cherished for millenniums.

The retreat, led by Swami Atmavidyanandaji, will run from June 15 through June 25. Then on June 26 to 28 we will visit the holy pilgrimage site of Gangotri, which is nestled in the magnificent Garhwal hills at an altitude of 3048 meters. Gangotri is one of the most important pilgrimage places in India and legend has it that it marks the place where the Ganga first descended to earth. If you have ever hungered to experience the austere, disciplined life of a Himalayan yogi, this is a rare opportunity to make your dream a reality. There will be daily meditation, contemplation, silent walks, and study of scriptures. On the way to Uttarkashi we will visit Swami Kevalanandaji's Ashram in Haridwar to pay homage to Shri Lahiri Mahashaya, whose ashes are enshrined there. There will be a night halt in Rishikesh, and then in the morning we will drive to Uttarkashi. On the return trip there will be an opportunity to meditate at Shri Anandamayee Ma's ashram in Haridwar.

This retreat is also a special fundraiser for construction projects and general maintenance at the Uttarkashi Ashram in India and the Kriya Yoga Institute ashrams in the USA.

Participants must be prepared to arrive in India two or more days prior to the program's start. There will be an orientation meeting on June 13 at 7 p.m. in the hotel in Delhi. In the early morning on June 14, the group will depart from Delhi to Uttarkashi. All participants must be committed to maintaining silence for the duration of the retreat at the ashram. This will allow participants to dive deeper and more richly into their sadhana than perhaps ever before.

Spaces for this retreat are limited and applications are now being accepted. Accepted applicants will be notified and provided with more information about the retreat and what to bring.

The fee for the retreat is \$1650.00 USD per person. This amount does not include your hotel costs in Delhi and the transportation to and from Delhi where we board our bus. You must also arrange your own passport and Indian visa.

To apply for this program, please complete the attached application and return it via email to institute@kriya.org by January 1, 2018.

In loving service,
The Mother Center