

## KRIYA YOGA RESIDENTIAL RETREAT — AUSTRALIA

### 12-15 April, 2018



with

### Paramahamsa Prajnanananda

and Swami Gurupriyananda Giri (centre), Swami Sarvatmananda Giri (right), Swami Samarpanananda Giri, Swami Atmavidyananda Giri, Swami Matrukrupananda Giri and Swami Sampurnananda Giri

The Australia Kriya Yoga Association (AKYA) is excited to announce that our beloved Swamiji (Guruji) — Paramahamsa Prajnanananda — along with many other monks and teachers will be visiting Sydney in April 2018 to **inaugurate our Kriya Yoga Ashram** on 18 April at [226 Macdonalds Road, Lisarow](#). This is the first permanent Kriya Yoga Ashram in the pacific area.

To celebrate this joyous occasion, AKYA will be launching a program of events — A Blaze of Spirituality — the likes of which has never before been seen in our part of the world. Paramahamsa Prajnanananda will be joined by Swami Samarpanananda Giri and Swami Atmavidyananda Giri who have both spent time with us in previous years, and also Swami Matrukrupananda Giri and Swami Sampurnananda Giri. To have the blessing of so many Kriya Yoga monks and teachers is a great spiritual feast.

As part of this program of events, we are delighted to invite you to a **Silent Kriya Yoga Residential Retreat** from 12-15 April with Paramahamsa Prajnanananda and all these teachers, including our very own Swami Gurupriyananda Giri and Swami Sarvatmananda Giri. This is a rare opportunity to spend a few days with a realised master diving into meditation and seclusion, enlivened by spiritual discourse, and immersed in peace and bliss.

The retreat will be held at [Mangrove Yoga Centre](#), a home for yoga, meditation and spiritual retreats, **in a beautiful valley on the NSW Central Coast**, just over an hour's drive from both Sydney or Newcastle, and 40 minutes from Gosford.

The retreat will entail the following:

- *Several guided meditations*
- *Discussions and teachings on spirituality and Kriya Yoga*
- *Q & A sessions*
- *Time to relax and contemplate your spiritual progress*

Participants will receive a finalised schedule closer to the program.



## Registration for Silent Kriya Yoga Residential Retreat 12-15 April, 2018

The retreat is exclusively for people who are already initiated into Kriya Yoga in the lineage of Paramahansa Hariharananda and Paramahansa Prajnanananda. Registration is **now open**.

To book a spot, please complete and return (by post or email) the attached **Registration Form** and pay your non-refundable deposit of \$150 AUD.

Space is limited and will be filled on a **first come, first served basis** so please pay your deposit as soon as possible to avoid disappointment.

<b>Cost:</b>	<p>\$ 675 AUD per person</p> <p>The registration fee covers accommodation, participation in retreat activities and meals over the course of the retreat. The food will be pure vegetarian.</p> <p>The registration fee includes the \$150 AUD non-refundable deposit, with the balance due on or before <b>31 March 2018</b>.</p> <p><b>NOTE:</b> 2018 AKYA members receive a \$50 AUD discount. Payment by instalments can be accepted — please email us to arrange this.</p>
<b>Retreat Venue:</b>	<p><a href="#">Mangrove Yoga Centre</a> 300 Mangrove Creek Road, Mangrove Creek NSW 2250 <a href="#">+61 (0)2 4377 4499</a> <a href="mailto:mangrove@mangroveyoga.org">mangrove@mangroveyoga.org</a></p> <p><b>NOTE:</b> See "<a href="#">Transport Information Guide</a>" for details about how to get there.</p>
<b>Check-in:</b>	<p>3pm, Thursday 12 April 2018</p> <p>Participants are expected to stay for the entire duration of the retreat, barring any emergencies.</p>
<b>Check-out:</b>	<p>12pm - 1pm, Sunday 15 April 2018</p>
<b>Accommodation:</b>	<p>Rooms are communal (female only and male only) with shared amenities. They will be located around the main meditation hall and function room.</p>
<b>What to bring:</b>	<p>The Centre provides bed and mattress only — please bring your own bedding:</p> <ul style="list-style-type: none"> <li>• Pillow/s, sheets, blanket/quilt or sleeping bag (it may be chilly), towel</li> </ul> <p>You will also need to bring:</p> <ul style="list-style-type: none"> <li>• Toiletries (bio-degradable, non-scented is preferred)</li> <li>• Torch (important)</li> <li>• Meditation Mat</li> </ul>
<b>Bedding hire fee:</b>	<p>If do you not wish to bring your own bedding and towel, you can hire them from Mangrove Yoga Centre for \$30 AUD – select "Bedding Hire" on your Registration Form and pay the \$30 AUD to AKYA who will pre-order.</p> <p><b>NOTE:</b> The Centre <i>only</i> has <b>50 bedding packages</b> so they will be distributed on a first come, first served basis.</p>
<b>Post-Retreat Events &amp; Stays:</b>	<p>If you are planning to attend the Ashram inauguration event on 18 April, please see "<a href="#">Accommodation Information Guide</a>" for more details.</p>

## REGISTRATION FORM

### Silent Kriya Yoga Residential Retreat — Australia April 12-15, 2018

The retreat is **open only** to Kriyavans who have been initiated by Paramahansa Hariharananda, Paramahansa Prajnanananda or their authorised representatives.

Use a separate registration form for **each participant**.

Please either **PRINT** and return by **MAIL**, or use this [FILLABLE FORM](#) to submit by **EMAIL**.

<b>Full Name:</b>			
<b>Male/Female:</b>		<b>Contact Number:</b>	
<b>Street Address:</b>			
<b>Email Address:</b>			
<b>Year initiated into Kriya Yoga:</b>			

**Retreat Cost:** \$675 AUD per person (including \$150 AUD deposit)

2018 AKYA members receive a \$50 AUD discount.

Add \$30 AUD for bedding and towel hire *only* if you are not bringing your own bedding and towel.

<b>Payment by Cheque:</b>	All cheques payable to "Australia Kriya Yoga Association" and should be posted to P.O. BOX 173, West Pennant Hills, NSW 2125, Australia.
<b>Payment by EFT:</b>	Bank: Commonwealth Bank of Australia A/C Name: Australia Kriya Yoga Association BSB: 062225 A/C Number: 10178371 SWIFT code: CTBAAU2S (for international transfers) EFT Ref: Enter Your Name and 2018 RETREAT in the narrative field

**Place an "X" next to the option applicable to you.**

Please reserve a place for me at the 2018 retreat.

\_\_\_\_\_ I enclose \$150 AUD cheque

\_\_\_\_\_ I have deposited \$150 AUD into the Association's bank account

as a non-refundable deposit and will pay the balance amount before **31 March 2018**.

<b>Bedding Package Hire:</b>	_____ I will hire bedding/towel and pay \$30 AUD extra before <b>31 March 2018</b> ( <b>NOTE:</b> Only <b>50 packages</b> are available on a first come, first served basis).
<b>Dietary Requirements:</b>	

**Lower bunk bed for medical reasons?** \_\_\_\_\_ Yes, I require a lower bunk bed.

**Please Note: You are not registered until the full registration fee is paid.**