

A map of the Miami area, including South Miami, Dadeland, Pinecrest, Kendall, Palmetto Bay, Cutler Bay, and Princeton. The Kriya Yoga Institute is marked with a blue location pin in Princeton. Various price tags are overlaid on the map, indicating the cost of a 100-hour yoga certification in different areas. The prices are as follows:

- South Miami: \$124
- Dadeland: \$197
- Pinecrest: \$120
- Kendall: \$154
- Palmetto Bay: \$111
- Cutler Bay: \$108
- Princeton: \$125
- Other locations: \$114, \$134, \$73, \$71, \$165, \$89, \$63

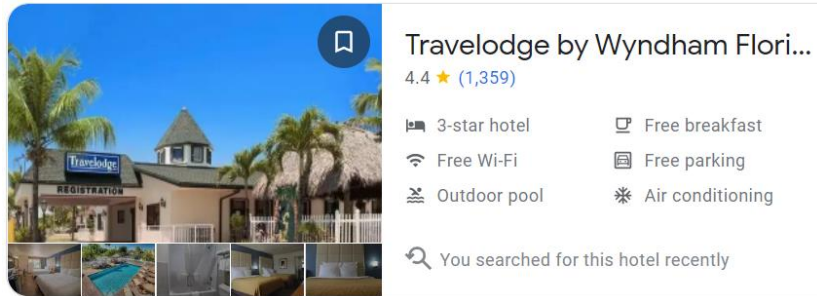
An orange circle highlights a cluster of price tags in the Princeton area, and an orange arrow points from this cluster towards the Kriya Yoga Institute location pin.

The hotels north of the ashram including nearby Cutler Bay up to South Miami, are mostly chain hotels by Wyndham, Hilton, Holiday Inn, Best Western, Radisson, etc. Some of these hotels are about the same distance to the Kriya Yoga Institute as the hotels south of the ashram. However, please note it will sometimes take twice the amount of time to travel to the Mother Center due to constant heavier Miami traffic and continuous highway construction.

As most of these chains have the same brand of hotels south of the ashram and the traffic is usually lighter on these local roads, we are focusing our recommendations on places to stay in this area.

Two Local Hotels are Highly Recommended (many people visiting Kriya Yoga Institute stay there)

They offer discounts if you CALL them in ADVANCE. You must **tell them you are visiting the Kriya Yoga Institute.** The discount is not available on the website, and they may not offer the rate last minute if they only have a few rooms left due to high demand. Its best to call as soon as possible to secure the rates. The two hotels are sister hotels but run by separate management. They are next door to each other. See below how to book the Kriya rates.



How to book at the Travelodge by Wyndham, Florida City:

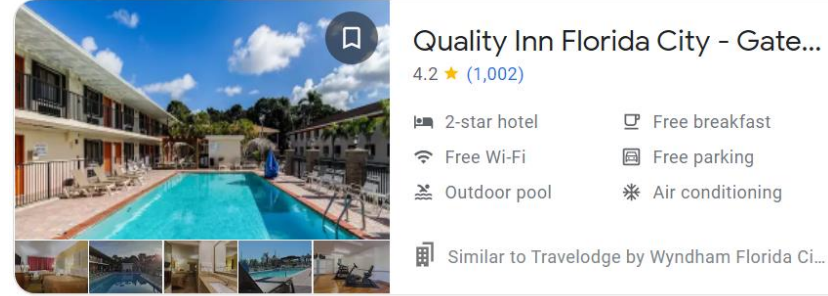
Call the hotel front desk at 305-482-1961

Ask for the manger named Sunny

Tell him you are visiting the Kriya Yoga Institute and you would like the **Special Kriya rates of \$79 (Monday – Thursday and \$109 (Friday - Sunday)** (Average rates \$89 Monday – Thursday and \$119 to \$149 Friday – Sunday)

If he is not in, the front desk receptionist should still know of the special
Give your credit card number over the phone to reserve the room (let them know which type of room (1 or 2 double, king or queen beds and if mobility accessible) and how many people (rate is per room not person)

If you need to cancel for any reason, you'll need to give 24 hours notice



How to book at the Quality Inn, Florida City:

Call the hotel front desk at 786-465-7600

Ask for the manger named Nick

Tell him you are visiting the Kriya Yoga Institute and you would like the **Special Kriya rates of \$79.99 (Monday – Sunday)** (Average rates \$90 to \$120 Monday – Sunday)

If he is not in, the front desk receptionist should still know of the special
Give your credit card number over the phone to reserve the room (let them know which type of room (1 or 2 double, king or queen beds and if mobility accessible) and how many people (rate is per room not person)


If you need to cancel for any reason, you'll need to give 24 hours notice

Both hotels have been renovated recently, are super clean and have the following amenities: heated (seasonally) outdoor pools, full hot breakfast (eggs, waffles, selection of breads, cereals, fruit and yogurt), hot coffee and tea throughout the day, refrigerator and microwave in-room, free parking (with spaces for cars, RVs, and large vehicles), free Wi-Fi, business center, housekeeping, laundry facilities, BBQ Grills, outside tables and chairs, and mobility accessibility amenities (exception - there is no elevator in the two-story Quality Inn, but ground floor room accessibility). Both hotels have high reviews. The Travelodge, consistently rated the #1 Travelodge Property of the Year in the US, has all rooms on the ground floor including two tables and chairs and parking in front of each room. The Quality Inn, consistently a Gold Award Winner with Choice Hotels, has two floors of interior and exterior rooms as well as a fitness center.

Recommended Chain Hotels Just South of the Kriya Yoga Institute

(The rates listed are the average rates during May 2022 – please check dates for current rates)

Hilton Properties




Hilton Garden Inn Homestead
4.2 ★ (205) · Eco-certified

3-star hotel
Free Wi-Fi
Indoor pool

Breakfast (\$)
Free parking
Air conditioning

DEAL \$115
17% less than usual

[View prices](#)



Hampton Inn & Suites Miami-S...
4.3 ★ (889) · Eco-certified


3-star hotel
Free Wi-Fi
Outdoor pool

Free breakfast
Free parking
Air conditioning

\$124

You searched for this hotel recently

[View prices](#)




Tru by Hilton Florida City
3.5 ★ (232) · Eco-certified

2-star hotel
Free Wi-Fi
Air conditioning

Free breakfast
Free parking
Pet-friendly

\$125

[View prices](#)



Home2 Suites by Hilton Florid...
3.9 ★ (587) · Eco-certified

3-star hotel
Free Wi-Fi
Outdoor pool


Free breakfast
Free parking
Air conditioning

\$164

You searched for this hotel recently

[View prices](#)

Marriott Properties



Fairfield Inn & Suites by Marrio...
4.1 ★ (161)


3-star hotel
Free parking
Air conditioning

Free Wi-Fi
Outdoor pool
Fitness center

\$119

You've searched for this hotel before

[View prices](#)



Courtyard by Marriott Miami ...
4.5 ★ (668)


3-star hotel
Free Wi-Fi
Outdoor pool

Breakfast (\$)
Free parking
Air conditioning

\$121

Similar to Hampton Inn & Suites Miami-South...

[View prices](#)



TownePlace Suites by Marriott...
4.6 ★ (412)

2-star hotel
Free parking
Air conditioning

Free Wi-Fi
Outdoor pool
Pet-friendly

\$145

Similar to Hampton Inn & Suites Miami-South...

[View prices](#)

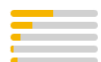
These hotels have all the amenities that you would expect, however, some may charge for parking or breakfast, etc., so please check the websites.

Tip: Hotel loyalty programs are the unsung heroes of travel rewards. Unlike airline miles, which you might spend years racking up for one award flight, you can often accrue hotel points at a much faster clip, unlock elite status quicker, and enjoy benefits like free nights on a regular basis. It's free to sign up!

RV and Mobile Home Parks

Southern Comfort RV Resort

345 Palm Dr, Florida City, FL 33034 • (305) 248-6909

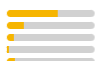
[Website](#)[Directions](#)[Save](#)[Share](#)[Check availability](#)

4.0 ★★★★★
Very good | [264 reviews](#)

Comfy RV camping area offering motorhome & cabin rentals, plus a pool, a tiki bar & activities.

Miami Everglades RV Resort

20675 SW 162nd Ave, Miami, FL 33187 • (305) 233-5300

[Website](#)[Directions](#)[Save](#)[Share](#)[Check availability](#)

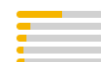
4.1 ★★★★★
Very good | [666 reviews](#)

Landscaped RV campground with cabin rentals, a pool, mini-golf, a playground & various activities.

Boardwalk, MHP

3-star hotel

100 NE 6th Ave, Homestead, FL 33030 • (305) 248-2487

[Website](#)[Directions](#)[Save](#)[Share](#)[Check availability](#)

3.9 ★★★★★
Good | [341 reviews](#)

Campgrounds

Long Pine Key Campground

Homestead, FL 33034 • (305) 242-7873

[Website](#)[Directions](#)[Save](#)[Share](#)[Check availability](#)

4.6 ★★★★★
Excellent | [311 reviews](#)

National park campground with roomy pitches & clean bathrooms close to hiking trails.

Larry and Penny Thompson Memorial Park and Campground

12451 SW 184th St, Miami, FL 33177 • (305) 232-1049

[Website](#)[Directions](#)[Save](#)[Share](#)[Check availability](#)

4.5 ★★★★★
Excellent | [1,938 reviews](#)

The Larry and Penny Thompson Memorial Park is the largest park/campground in Miami-Dade County. The park, adjacent to Zoo Miami, totals 270 acres. It is located in southwest Miami, two miles west of the Florida Turnpike's Exit 13 between SW 134th Ave. and SW 122nd Ave. on the north side of Eureka Drive.

Redlands Acre Campground

19250 SW 334th St, Homestead, FL 33034 • (305) 417-5260

[Website](#)[Directions](#)[Save](#)[Share](#)[Check availability](#)