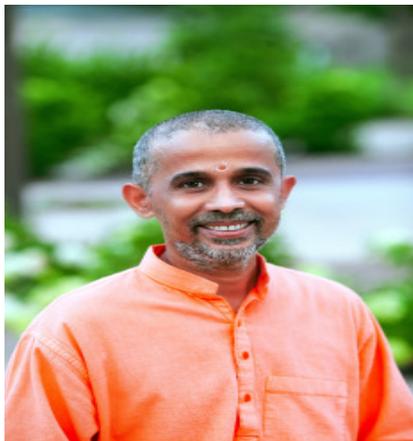


Kriya Yoga: A Practical Path to Inner Peace and Balanced Living

Public Lecture by **Swami Vairagyananda Giri**

Friday April 24, 2026 7:00-8:00 pm

Location: Room # 301, Troy Community Center,
3179 Livernois Rd, Troy, MI 48083



www.kriya.org

Contact:

Metro Detroit: (586) 612-6861

Ann Arbor: (734) 332-8880

detroit-mi@kriya.org

Weekend Program Schedule for April 25-26, 2026

Location: 42519 PLUM LANE, STERLING HEIGHTS, MI 48314

Saturday, April 25, 2026

9:00 am to 12:00 pm	Kriya Yoga Initiation Ceremony
12:00 pm – 2:00 pm	Lunch, Seva, Rest
2:00 pm - 4:00 pm	Technique Class
4:15 pm - 5:30 pm	Guided Meditation

Sunday, April 26, 2026

9:00 am to 10:30 am	Technique Review
10:45 am – 12:00 pm	Guided Meditation
12:00 pm – 1:30 pm	Lunch, Seva
1:30 pm – 2:30 pm	Q&A Session
3:00 pm – 4:00 pm	Guided Meditation