



## KRIYA YOGA INTENSIVE PROGRAM

Kriya Yoga is a **precious gift** from our lineage of enlightened masters. Their blessings and grace flow unceasingly to all who practice with sincerity and love.

### Ready to elevate your practice or just get back on track? Join us!

Experience the power of guided group meditations. Fine-tune your technique through dedicated Q&A sessions. Listen to informative discourses that help deepen your connection to God & Gurus.

### TEACHERS

**Swami Vairagyananda & Tapasyananda**



### TENTATIVE SCHEDULE

#### SATURDAY, August 15th

- 09.00 - 10.00 a.m. - Guided 1<sup>st</sup> Kriya Meditation
- 10.30 - 11.30 a.m. - Discourse
- 11.30 - 12.15 p.m. - Guided 1<sup>st</sup> Kriya Meditation
- 12.30 - 02.00 p.m. - Vegetarian Lunch
- 02.00 - 03.30 p.m. - Discussion/Q&A
- 04.00 - 05.00 pm. - Guided 1<sup>st</sup> Kriya Meditation

#### SUNDAY, August 16th

- 09:00 - 10:00 a.m. - Guided 1<sup>st</sup> Kriya Meditation
- 10.30 - 11.30 a.m. - Discourse
- 11:30 - 12.15 pm. - Guided 1<sup>st</sup> Kriya Meditation
- 12.30 - 02.00 p.m. - Vegetarian Lunch
- 02.00 - 03:00 p.m. - Discussion/Q&A
- 03.00 - 04:00 p.m. - Guided 1<sup>st</sup> Kriya Meditation

### VENUE

**Gary J. Arthur Community Center at Glenwood**  
 2400 State Route 97, Cooksville, MD 21723

### REGISTRATION PROCESS

- **Eligibility:** For Initiates in the lineage of Paramahansa Hariharananda only
- **Deadline:** Register no later than **August 9, 2026**
- <https://kriya.org/online-registration/8869/en>



### REGISTRATION FEE

**\$60 per person for Saturday & Sunday, lunch included.**

- **Cash:** Please give to Ranga Baba
- **Check:** Payable to "Kriya Yoga Institute". In memo, write "Baltimore Center Intensive".
- **Zelle:** email [Institute@kriya.org](mailto:Institute@kriya.org)

In zelle memo field, please enter "Registration - Baltimore Center Intensive", and your name. Please email a screenshot of your zelle payment to [baltimore-md@kriya.org](mailto:baltimore-md@kriya.org).