



KRIYA SADHANA™
INSTITUTE OF CANADA



SIGN UP

Initiation Program

Kriya Yoga is an ancient meditation technique that cultivates body, mind, intellect and awareness of the soul using powerful meditative and yogic disciplines



**Swami
Atmavidyananda
Giri**

Free Public Talk
**Ancient Science of
Kriya Yoga**
Friday, April 10, 2026
6:30 PM - 7:30 PM

Initiation session

Saturday, April 11, 2026

8:00 AM - 4:30 PM

Initiation, Technique Teachings,
& Guided Meditations

Sunday, April 12, 2026

12:30 PM - 5:45 PM

Technique Review, Q&A,
and Guided Meditations

Event Venue

Dalhousie Community Ass., 5432 Dalhart Rd NW, Calgary



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